



Dear Parents/Carers,

Your child will shortly be beginning the substance misuse unit in PSHE.

We wanted to contact you with an overview of the lessons that will be being covered and some useful website links.

Please don't hesitate to contact your child's PSHE teacher if you have any questions.

Lesson title	Lesson overview
Risk taking	A combination of paired and group work looking at real life scenarios and challenging students to think about what they would do in the same circumstances. Understanding that choices have consequences and what could happen as a result of that. Learning how to make positive choices.
Young people & gangs	Examining the many reasons young people may fall victim to gang recruitment. Looking at media clips to understand how gangs operate and how to spot the warning signs. Identifying places and people that offer support and help.
Alcohol- Y7 recap	Flashback task to recap learning from the previous lesson. Worksheet & moving around the room activities on knowledge students already have about alcohol. True or false quiz on common information about alcohol- followed by teacher discussion of each question. Pair/ group work on why people choose and choose not to drink alcohol. Opportunity to explore different viewpoints on the use and misuse of alcohol. Paired discussion on young people and alcohol misuse. Return to task on why people choose to drink alcohol and students to place risk ratings on each reason to show how dangerous these could be. Quiz questions on young people's use of alcohol in Europe. Discussion- link to "The Boy At The Top Of The Mountain"- book Y7 is reading in English. Key themes explored. Students provided with support & signposting. Plenary- students choose one question to answer to show their learning from the lesson Home learning task set- students to find 3 risks of misusing alcohol in preparation for the next lesson. Google form to be shared to students by their PSHE teacher to record their findings.
Alcohol & behaviour	Opportunity for students to share the risks of misusing alcohol that they have found for their homework. Flashback- discussion questions to recap learning from the previous lesson. Clips shown (Source: Alcohol: know your limits- Dept of Health/ Home Office) to aid students in completing task to show their understanding of the term "Binge drinking"- discussion about what the clips have shown Real life stories- Students watch clips of real young people & their experiences with alcohol (Source: BBC: Just a Few Drinks). Students record positives & negatives about each young person's experiences- opportunities to discuss ideas & viewpoints. Discussion around short & long term effects of alcohol & advice given to others. Students provided with support & signposting. Plenary- students write things they have learned in this lesson on a post it note & give to the teacher



Alcohol & emergencies	<p>Opportunity for students to recap knowledge of alcohol from previous lesson</p> <p>Paired discussion about alcohol and risky things that can happen</p> <p>Discussion of keywords for this lesson</p> <p>Video to be watched & paused with questions to be considered and discussed- the video shows emergencies that can happen at parties where alcohol is involved- SOURCE: British Red Cross</p> <p>CPR & recovery position videos & demonstrations shown</p> <p>Students provided with support & signposting</p> <p>Home learning task set- students to visit Drugwise website & answer below questions on Google Form sent to them (-What is the New Psychoactive Substances Law? Give 3 examples of substances that fall under this law.)</p> <p>Plenary- students write things they have learned in this lesson on a post it note & give to the teacher</p>
Cannabis and vaping recap	students to prepare for their knowledge assessment next week.
Assessment & feedback lesson	<p>Students will receive feedback on the observations of their PSHE teacher over the last two lessons in relation to the "I can" statements for this topic (linked to skills)</p> <p>Students will then complete a quiz style test to show their understanding of the content from this topic</p>

Useful websites to help you discuss this topic with your child:

<https://southyorks.police.uk/find-out/crime-prevention-advice/asb/>

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/345337/AdviceParentsCarersGangs14.pdf

<https://www.wearewithyou.org.uk/>

<https://alcoholeducationtrust.org/parent-area/>

<https://alcoholchange.org.uk/>

<https://knowdrugs.app/>

<https://www.talktofrank.com/>

Drinkline- A helpline for anyone who is concerned about their own or someone else's drinking.

Tel: 0300 123 1110

The PSHE policy can be found on the school website. Also, on the school website you will find a link to our AWARE site, this contains lots of links to useful websites to support you and your child. <https://aware.wickersleypt.org/>

Yours sincerely,

Ellie Bannister
Director of PSHE